



Nicholas M. Licameli

Doctor of Physical Therapy / Pro Natural Bodybuilder

Youtube: https://www.youtube.com/channel/UCAWFe5BmaJ_WFAh2aqsOg8g

Instagram: <https://www.instagram.com/nicklicameli/>

Facebook: <https://www.facebook.com/nicholas.michael.58>

Every single thing he does, Nick believes in giving himself to others in an attempt to make the world a happier, healthier, and more loving place. He wants to give people the power to be happy and love the journey of the day to day.

Dr. Licameli was born and raised in Nutley, attended Radcliffe School, and graduated Nutley High in 2008. While in high school, Nick had a love for science and exercise and played football, baseball, and ran track. He was chosen to be captain of both the football and track teams in his senior year, which he regards as a great honor to this day.

Nick graduated summa cum laude from Ramapo College of New Jersey with his bachelor's degree in biology, furthered his education by completing his doctoral degree in physical therapy from Rutgers School of Biomedical and Health Sciences (previously the University of Medicine and Dentistry of New Jersey) at the age of 24, and earned professional status in natural bodybuilding. His knowledge of sport and exercise biomechanics, movement quality, and the practical application of research combined with personal experience in bodybuilding and nutrition allows him to help people in truly unique ways. Physical therapy and bodybuilding serve as a means to carry out his cause.

Nick married his high school sweetheart and bought a home in Nutley. He feels a deep connection to the family-like atmosphere and it should come as no surprise that he takes great pride in giving back to those who have done so much for him. Giving back to the community that made him into the person he is today is a priority and passion of his.

Nick works at Professional Physical Therapy in the heart of Nutley at 160 Franklin Ave. He is honored to work for such a great company that provides endless opportunities for growth and high achievement. He views his coworkers as family and is blessed to say that he looks forward to going to work everyday. Much like Nutley itself, once you walk into the office you immediately feel like family. The environment is one of trust, authenticity, respect, and hospitality. Nick was recently promoted to director of the Nutley office and looks forward to continuing to help the members of the community. You don't have to be hurt to see him! Stop in to say hello anytime!