

# Saturday Schedule

9:30-10:30am

Online Vinyasa Yoga with Jess

11:00am-12:00pm

Online Intro to Vinyasa Yoga with Genna

*Have reservation and credits to participate cleared up at least 40 minutes before class start time to secure participation in online session.*

# Sunday Schedule

9:30am - 10:30am

Online Vinyasa with Sarah

11:00am-12:00pm

Online Vinyasa Yoga with Mike

3:00 - 4:00pm

Online Yin Yoga with Cristin

5:00 - 6:00pm

Online Vinyasa Yoga with Mike

7:00 - 8:00pm

Online Restorative Yoga with Michelle

*Have reservation and credits to participate cleared up at least 40 minutes before class start time to secure participation in online session.*

# Monday Schedule

9:30-10:30am

Online Vinyasa Yoga with Cristin

12:00-1:00pm

Online Vinyasa Yoga with Mike

4:00-5:00pm

Online Restorative Yoga with Jordan

6:00-7:00pm

Online Vinyasa Yoga with Matt

7:30-8:30pm

Online Yin Yoga with Jordan

*Have reservation and credits to participate cleared up at least 40 minutes before class start time to secure participation in online session.*

# Tuesday Schedule

9:30-10:30am

Online Restorative Yoga with Karen

12:00-1:00pm

Online Vinyasa Yoga with Mike

4:00-5:00pm

Online Vinyasa Yoga with Danielle

6:00-7:00pm

Online Vinyasa Yoga with Jess

8:00-9:00pm

Online Vinyasa Yoga with Mike

*Have reservation and credits to participate cleared up at least 40 minutes before class start time to secure participation in online session.*

# Wednesday Schedule

9:30-10:30am

Online Vinyasa Yoga with Genna

12:00-1:00pm

Online Restorative Yoga with Michelle

3:00-4:00pm

Online Vinyasa Yoga with Sarah

6:00-7:00pm

Online Vinyasa Yoga with Mike

7:30-8:30pm

Online Intro to Vinyasa Yoga with Jordan

*Have reservation and credits to participate cleared up at least 40 minutes before class start time to secure participation in online session.*

# Thursday Schedule

9:30-10:30am

Online Restorative Yoga with Brenda

12:00-1:00pm

Online Vinyasa Yoga with Sarah

4:00-5:00pm

Online Vinyasa Yoga with Cristin

6:00-7:00pm

Online Vinyasa Yoga with Alex

8:00-9:00pm

Online Vinyasa Yoga with Dawn

*Have reservation and credits to participate cleared up at least 40 minutes before class start time to secure participation in online session.*

# Friday Schedule

9:30-10:30am

Online Vinyasa Yoga with Danielle

12:00-1:00pm

Online Vinyasa Yoga with Matt

4:00-5:00pm

Online Vinyasa Yoga with Dyana

6:00-7:00pm

Online Vinyasa Yoga with Mike

*Have reservation and credits to participate cleared up at least 40 minutes before class start time to secure participation in online session.*